



## Cambridge Junior Cheer Cheerleader Attire/Dress Code

### GAME DAY/PRACTICE DRESS CODE POLICY

Cheerleaders are expected to arrive at games ready to cheer,  
including correct hair and shoes

- Game Day Uniform: shell, skirt, correct bloomers, no show white socks
- Correct cheer shoes
- Hair in high pony tail with correct bow unless specified
- Game Day Warm Ups/navy unliner Must be worn when specified
- NO CHEWING GUM (At practices or games)
- NO NAILS PAINTED (At games this includes French manicures and/or acrylic or gel nails)
- NO JEWELRY (At practices or games) including jewelry not visible
- NO BODY PAINT OR TATTOOS
- Snack and drink organized (no trips to concessions during game time)
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### PRACTICE ATTIRE

Cheerleaders are expected to arrive at practices ready to cheer,  
including correct hair and shoes

- Hair in high pony tail with correct bow
- Correct practice shirt and practice shorts
- Correct cheer shoes
- Snacks and drink already organized